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The 10 Commandments

Review

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Reviewing the First Five Commandments

Opening Prayer:

Lord our God, As we revisit Your first five commands, to worship You alone, revere Your holy Name, cherish the Sabbath, honor our parents, and protect every life, fill our hearts with fidelity and love. Holy Spirit, guide our conversation today. Help us to speak with honesty, humility, and a desire to grow closer to You. Amen.

Mark 12: 28-31

One of the scribes, when he came forward and heard them disputing and saw how well he had answered them, asked him, "Which is the first of all the commandments?" Jesus replied, "The first is this: 'Hear, O Israel! The Lord our God is Lord alone! You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: 'You shall love your neighbor as yourself.' There is no other commandment greater than these."

The First Five Commandments

- 1. I AM THE LORD THY GOD: THOU SHALT NOT HAVE STRANGE GODS BEFORE ME.
- 2. THOU SHALL NOT TAKE THE NAME OF THE LORD THY GOD IN VAIN.
- 3. KEEP THE SABBATH HOLY.
- 4. HONOUR THY FATHER AND THY MOTHER.
- 5 THOU SHALT NOT KILL

Discussion Questions

Personal Growth

Which of the first five commandments stretched or surprised you the most, and what concrete change have you begun making because of it?

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Daily Practice How are you safeguarding time for God (Sabbath) and honoring His name in your everyday routines such as work, family life, and conversations, and where do you still feel invited to grow?
Love of Neighbor How does living the first five commandments shape our practice of Jesus' command to "love your neighbor as yourself," and why are these disciplines still vital today?

Closing Prayer:

Lord God, We thank You for enlightening our hearts as we reflected on Your first five commandments. Seal the truths we have shared: deepen our love for You alone, keep Your holy name on our lips with reverence, renew our joy in the Sabbath, strengthen our respect for parents and elders, and shape us into guardians of every human life. Send us forth in peace, ready to live what we have learned. Through Christ our Lord. Amen.

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